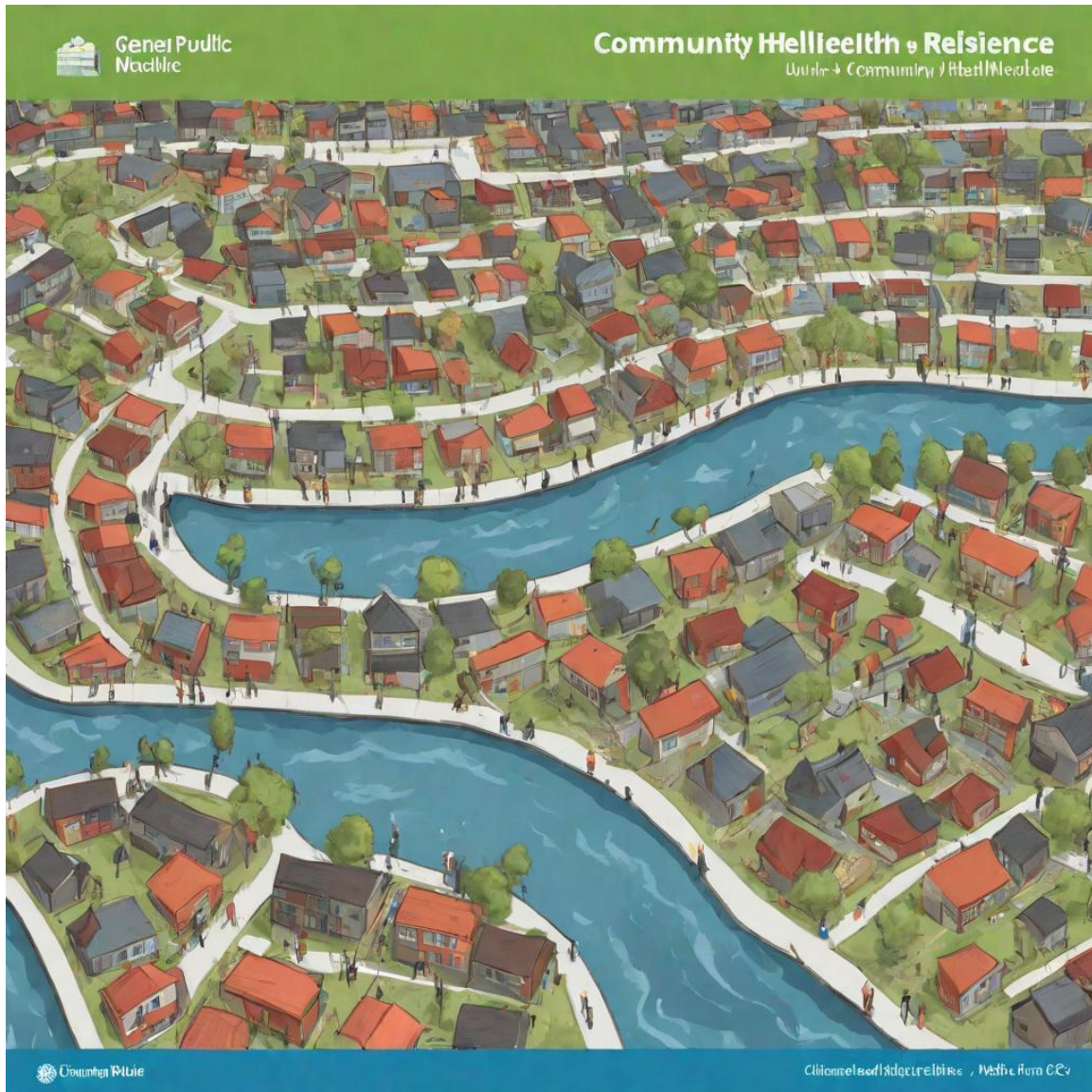


General Public Module 4: Community Health and Climate Resilience

This unit focuses on the critical aspects of building resilience within communities to effectively manage and respond to the health challenges posed by climate change. It explores strategies for developing resilient healthcare systems, enhancing emergency preparedness, and implementing community-wide resilience planning.



Lesson 4: Building Resilient Health Systems

Lesson 4: Building Resilient Health Systems

Time: 1 Hour

Modality: Self-Learning via Blended Online Learning

This lesson is designed as a self-learning module using blended online learning platforms that incorporate interactive chat functionalities, group actions, and participatory learning to focus on resilience strategies in health systems.

Content:

- **Defining Resilience in Healthcare:** Understand the concept of resilience as it applies to healthcare systems, including the ability to prepare for, respond to, and recover from health impacts related to climate change.
- **Components of a Resilient Health System:** Explore the key components that make a health system resilient to climate change, such as robust infrastructure, effective emergency response plans, and adaptive healthcare practices.
- **Case Studies of Resilient Health Systems:** Discuss real-world examples of healthcare systems that have successfully implemented resilience strategies to combat climate-related health challenges.

Activities:

- **Interactive Webinar:** Participate in a webinar with a healthcare professional specializing in resilience planning. Participants will have the opportunity to ask questions and discuss real-life applications of resilience strategies.
- **Group Project:** Design a basic emergency preparedness plan for a hypothetical community, focusing on healthcare aspects and resilience measures.

References & Examples:

- **CDC's Building Resilience Against Climate Effects (BRACE) Framework:** A guide on how to develop strategies to improve community health resilience against climate effects (CDC BRACE).
- **Resilience in Healthcare: Overview by WHO:** Provides insights into building resilient health systems worldwide (WHO Health Resilience).